



RECIPE FOR CONVERSATION

TALK ABOUT: THANKSGIVING HISTORY



- What did you learn about the history of Thanksgiving growing up, either in school or from sources like books, movies, and TV? Has your understanding of the history changed over the years?
- Many Americans associate the old stories about “Pilgrims and Indians” with tradition. Others feel these stories are myths that don’t respect Indigenous perspectives and shouldn’t be a part of Thanksgiving anymore. Why do you think these stories took hold in the first place? How can we honor tradition without continuing an outdated legend?
- Thanksgiving is rooted in the ancient tradition of harvest feasts. What stories can we tell as a family that reflect our gratitude for the “harvest” -- not just food, but also ways we’ve grown this year?