



# Grocery Store Scavenger Hunt

TEEN EDITION



- Three ingredients for your favorite meal:
  
- A protein source for under \$2/serving:
- A sale item you can use to make a meal:
- Something you know how to cook:
- Something you want to learn to cook:
- Five items you could use in two or more meals:
  
- Cost for a gallon of milk:
- Cost for a dozen eggs:
- The cheapest vegetable in the produce aisle:
- Cost of your favorite snack food:
- Four pantry items you need to keep on hand for cooking:
  
- Three things you can buy to make breakfasts:
  
- One frozen or shelf-stable meal choice you can keep on hand:

Bonus! List the ingredients and prices for a full dinner you could cook for yourself, costing less than \$10: