



Whipped Cream Activity



Set-up

- Several small (tightly-lidded -- screw caps are best!) plastic containers OR plastic/metal shakers with agitator balls (or marbles) -- about one for every 2-3 kids
- Bag of confectioner's sugar
- Plastic spoons
- Bottle of vanilla extract
- Pints of heavy whipping cream -- 1 pint per every 8-10 guests should be plenty

Recipe/Activity Directions

1. Pour whipping cream into each container or shaker.
2. Add a few spoonfuls of sugar and a small splash of vanilla.
3. Carefully screw the lids on -- make sure they're tight!
4. Turn on music, if available.
5. Have the kids jump, dance and shake their containers as hard as they can! It may take several songs -- and sometimes adult help -- but shaking and dancing really can produce some great whipped cream!