



# Build-Your-Own Fruit Sundaes



## Set-up

- Small bowls and spoons
- Several bowls of cut-up fruit (bananas, berries, diced apples)
- Several bowls of assorted toppings:
  - Chocolate and caramel syrups
  - Small candies or sprinkles
  - Chopped nuts
  - Whipped cream

## Recipe/Activity Directions

1. Help the children fill the small bowls with the fruit of their choice.
2. Allow them to pile on the toppings to make “sundaes” without the ice cream!