



# Bruschetta



### Set-up

- 1 large plate or basket of sliced baguette or Italian bread
- 6-8 small plates
- 6-8 spoons
- 2 pairs of kid-safe scissors
- 2 bowls of diced tomatoes
- 1 small plate of seasonings: 2 tsp. Minced garlic, 2 spoonfuls of salt, 2 spoonfuls of pepper
- 1 small bowl of olive oil
- 1 small plate or bowl of fresh basil leaves (about 12 basil leaves)
- Parmesan cheese (optional)
- 1 small grater (if providing cheese)

### Recipe/Activity Directions

1. Direct each group to wash hands first!
2. Instruct groups to use kid-safe scissors to snip the basil leaves into small pieces.
3. Ask participants to add basil, garlic, salt and pepper carefully to each bowl of tomatoes, stirring and tasting until they have a mixture they like.
4. Direct groups to drizzle 2-3 spoonfuls of olive oil into the tomato mixture and stir well.
5. Demonstrate how to top slices of bread with the tomato mixture and garnish with parmesan cheese (if using) and more olive oil, as desired.
6. Enjoy making and eating bruschetta!

