



# RECIPE FOR CONVERSATION



## Talk About: Thanks + Giving

Use these conversation starters around your Thanksgiving table

- **When is it especially important to say 'thank you?' Do you notice when people thank you, or forget to thank you?**
- **How has your understanding of gratitude changed over the years? What did you feel most grateful for when you were younger? And today?**
- **If you had superpowers, what would they be and how would you use them to help people?**
- **What can you give or do for someone that doesn't cost any money?**
- **Do you know someone who is a giving person? How so? Who is it?**

